

2014-2015 Programs



*Making
God's
Providence
Visible*



Kearns Spirituality Center

9000 Babcock Blvd., Allison Park, PA 15101

412-366-1124



Visit us at www.cdpsisters.org or on Facebook
A Sponsored Ministry of the Sisters of Divine Providence

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Program Quick Finder

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Labyrinth Evenings

Opening Doors of Lives and Hearts *Wednesdays, 6:00 – 8:00 pm*

The Doorway: “Ancient Roman doorways had the image of the Roman God, Janus, attached to every doorpost. Janus has two faces, one facing



forward, the other backwards. Doorways were perceived as letting go of the past and looking forward to the new. The month of January is our first month, which reminds us to leave

behind the past year and to look forward to a brand New Year and is named after the god Janus. There are many things known and there are things unknown and in between are the doors.”— *Morison*

One way to find these doors is by walking the twists and turns on the Labyrinth here at Kearns.

The 2014 Labyrinth evenings will invite participants to open the door of their lives and hearts to spiritual growth and deepening of relationships with the God of Providence and others. Opening doors is a part of everyday life. Opening the door of our hearts allows us entrance into the vast treasure of who we are and to the Divine Presence within us all.

There will be a short introduction to ways of praying our labyrinth walk. The labyrinth is a sacred path and a metaphor for life’s journey of discovering God.

Approximate schedule:

6:00 pm Presentation in the Retreat Center, followed by light snack

6:45 pm Walk the Labyrinth, Journal, Share

7:45 pm Closing Prayer

Fee: \$10 for each evening, includes light snack

See page 6 for a special labyrinth evening honoring the four women martyrs in El Salvador.

Labyrinth Evenings

September 3 – Labyrinth Evening I ***Respect for Persons and for all Creation***

Each door helps us grow into the fullness of who we are and moves us to contribute love in our world. The door we will open as preparation for our Labyrinth Walk on September 3 will be the awesome door of respect. What new treasures await you on this path?

Facilitator: Anne Winschel CDP, M.A.

September 10 – Labyrinth Evening II ***Hospitality***

Hospitality is the art of being friendly and present to another. Come and reflect on the presence of Martha and Mary when Jesus was at the door. Martha, is present through her preparation for dinner. Mary is present by remaining with Jesus and listening to him. We need both models of hospitality in our lives. Come and walk the labyrinth with Mary, Martha and Jesus.

Facilitator: Jean Rene Seiler, CDP, M.A.

September 17 – Labyrinth Evening III ***Sacredness***

“Here I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and be with them and they with me.” – *Jesus*
It takes only a very small key to open a very heavy door. We have been given the key—the gift of prayer. Be an opener of the door as we enter the Labyrinth prayerfully knowing that the key is already waiting at the entrance; as we exit, the key to our prayer is already an entrance to somewhere else if we but open the door with the key of prayer.

Facilitator: Marian Senish, CDP, M.A.

September 24 – Labyrinth Evening IV ***Autumn Solstice***

Autumn speaks to us of transitions. As we walk through the door to the Labyrinth during this season, let us be mindful of the life transitions with which we deal daily and how they call us to a deeper relationship with God. Are we ready to open the door to depth of relationship in our lives?

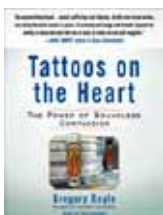
Facilitator: Loretta Jean Schorr, CDP, M.Ed.

Book Discussion, Prayer, Sharing

Wednesday, October 1, 8, 15, 22, 29, 2014, 10:00 – 11:30 am

Book for Discussion: Tattoos on the Heart: the Power of Boundless Compassion, Free Press, c. 2010.

Author: Gregory Boyle, SJ, Founder, Director of Homeboy Industries



Critics have referred to this book as a “spiritual masterpiece” touching the heart and soul. Boyle tells the story of his life-work with gang-involved youth in Los Angeles, and how their lives have been redirected.

His commitment provides valuable lessons in compromise, sharing, learning, loving and living life to the fullest. Now is the time for OUR learning through

reading and discussing this valuable 21st century topic.

Book is available through Amazon.com or you can order through Peggy Huwe at Kearns. (Our probable cost: \$10.)

Facilitator: Joan Coultas, CDP, Ph.D.

Fee: \$20 for the series or \$5 per session, plus book.

Breakfast rolls and beverage provided

Special Labyrinth Evening

Tuesday, December 2, 2014: 6:00 – 8:00 pm

“Memorial in Honor of the Four Women Martyrs in El Salvador”



In December we remember the four women from El Salvador, Ita Ford, Dorothy Kazel, Jean Donovan and Maura Clark, who were murdered. Come and join us on a journey of faith with these women in a walk on the Labyrinth that they may not

be forgotten and that we may be strengthened by their witness.

Facilitator: Loretta Jean Schorr, CDP, M.Ed.

Fee: \$10

Providence Villa Spirituality in Action

PLEASE NOTE: These events are held at Providence Villa, 10745 Babcock Blvd., Gibsonia, just ten minutes north of Kearns through North Park. See page 27 for directions.



Action Event I: Blissfully Drumming with Spirit **Tuesday, October 21, 2014, 10:00 am – 2:00 pm**

In many cultures drumming and playing music is a community-based unifying event and not reserved for trained specialists. In an interactive workshop we will explore ancient songs and rhythms from across the globe and find the pure joy that music brings. As concerns about doing anything “correctly” fade, we will deepen our experience with the music, each other and...LIFE! No Experience Necessary! Drums provided.

Facilitator: Bryan Fazio

Fee: \$40 Includes lunch and use of drums.

Action Event II: A Prayer to Wear: Springtime Jewels **Tuesday, May 12, 2015, 10:00 am – 2:00 pm**

Come reflect on the Word of God, while creating a unique piece of jewelry. This is an opportunity to “wear” Scripture front and center. Participants can observe how God works differently in each person and how the gifts of spring, manifested so fully on the property of Providence Villa, can influence your choices of color and design. You will leave with a cherished piece of jewelry as a constant reminder of the special love of God for you.

Facilitator: Ellen Carlins, B.S.

Fee: \$25 + \$15 materials fee=\$40, includes lunch
Limited to 20 participants.



Book Discussion, Prayer, Sharing

Wednesday, February 25, March 4, 11, 18, 25, 2015, 10:00 – 11:30 am

Book for Discussion: *A Hidden Wholeness: The Journey Toward an Undivided Life*, Jossey-Bass, c. 2004.

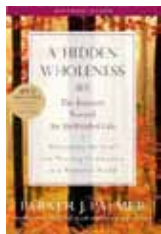
Author: Parker Palmer Ph.D.

Palmer brings together four vitally important themes: *a.* the shape of an integral life; *b.* the meaning of community; *c.* learnings for transformation; and, *d.* non-violent social change. He states: "...may this book allow people to benefit...from the life-giving, world-healing power of communities that welcome the soul." This is a vital reading for an era focused on heightened individualism, where "community weaving" could be lost in the midst of instant 21st century communication-technology. Book is available through Amazon.com or you can order through Peggy Huwe at Kearns. Our quoted price: \$16.50. Includes DVD.

Facilitator: Joan Coultas, CDP, Ph.D.

Fee: \$20 for the series or \$5 per session plus book.

Breakfast rolls and beverages provided



Festival of Lights



Friday December 5, 2014, 4:00 – 8:00 pm

Come join us as a "McCandless community," as La Roche College and the Sisters of Divine Providence spread holiday cheer. Listen to Advent hymns, Christmas carols and performances in the Sisters' Chapel; greet Santa Claus and enjoy entertainment at La Roche. Grab a bite to eat as well in the College Center cafeteria. Then enjoy the fireworks as a grand finale.

Sponsors and Locations:

La Roche College and the Sisters of Divine Providence

North Hills Chorale Concerts

Christmas Concert in Visitation Chapel

Saturday, December 6, 2014, 7:00 pm

Sunday, December 7, 2014, 3:00 pm

The North Hills Chorale is a well-known interfaith choral group in the area that combines sacred and secular renditions fused with holiday spirit. Come join us in the Kearns Visitation Chapel to get into the true Advent/Christmas spirit as you support and enjoy one of the best choral groups in the Northern area of Pittsburgh.

Donations accepted

Spring Concert in Visitation Chapel

Saturday, May 2, 2015, 7:00 pm

Sunday, May 3, 2015, 3:00 pm

Do you want to hear and feel the spirit of Spring? In our often troubled times, come join us for a live, inspirational concert by the North Hills Chorale and realize the musical talent which exists in our own neighborhood. Enjoy this presentation at Visitation Chapel in Kearns

Donations accepted



Program Registration

We encourage you to pre-register for ALL programs.

Walk-ins are welcome provided space is available.

To register, call 412-366-1124 or e-mail: kearns@cdpsisters.org

St. Patrick's Day Tea

Ireland, the Emerald Isle:

The Past as Prelude to an Amazing Future

Monday, March 16, 2015, 4:00 – 6:00 pm

Guest Speaker and Musician: James Lamb, President,
Ireland Institute of Pittsburgh



Usher in St. Patrick's Day with an enjoyable "High Tea" experience. Our speaker will explore the links between Ireland's glorious past and a glimpse of what is yet to come. While the natural beauty of the Emerald Isle remains constant, the cultural life of the people is in dynamic flux! Prayer, wonderful home-baked treats and live music are always integral to our celebration.

Facilitators: Joan Flynn-Coultas CDP, Ph.D.
and Michele Quinn-Bisbey CDP, Ph.D.

Fee: \$25, includes tea and Irish "goodies" prepared by our Chefs: Jeanne Kohser and Paula Gilchrist.

Program Registration

Please pre-register for **ALL** programs.

Walk-ins are welcome provided space is available.

To register, call 412-366-1124 or e-mail: kearns@cdpsisters.org

Busy Women's Retreat

Hildegard of Bingen, Doctor of the Church:

A Contemplative in Action for our Time

Friday, April 10, 6:00 pm to Saturday, April 11, 2015, 5:00 pm

The Question: Who was Hildegard and can this dynamic woman speak to busy women today. If so, what in her message can change our lives?

Clues to the answer: Hildegard of Bingen (1098-1179) was a Benedictine abbess, visionary, prophet, musical composer, preacher and author in 12th century Germany. She is esteemed as Germany's first woman doctor and scientist, having compiled an encyclopedia of medieval medicine and natural science. Hildegard has also composed over 70 liturgical hymns and poems, and left a legacy of several hundred letters of correspondence addressed to popes and paupers alike. She continues to resound through the centuries as a "small sound of the trumpet from the Living Light".

Come away to enjoy this Busy Women's Retreat as we spend time with this extraordinary woman of spirit and creativity. We will view a short film of her life, spend time in quiet prayer with some of Hildegard's artwork, and also explore her spiritual writings. This retreat will offer a unique opportunity to embrace the beauty and inspired wisdom of this Doctor of the Church. Also, we will have a "sampler" of types of massage, Tai Chi, Spiritual Direction etc. available on Saturday afternoon and we will close with a liturgy for the Sunday.

Keynoter: Lori McMahan, Pastoral Associate, St. Anne Parish and Faculty Member, Epiphany Academy of Spirituality

Spiritual Directors: Sisters Anne Winschel, Jean Rene Seiler and Marian Senish, CDP

Stress Reduction: Agnes Raible CDP, M.A.

Massage Therapy: Elizabeth Erbrecht, B.A., LMT, NCTMB

Presenters: Anne Winschel, M. Joan Coultas, CDP, and Staff

Fee: Private room and three meals: \$95

Commuter for two days and three meals: \$70

APP Lecture Series

Monday, September 15: Vatican II, Pope Francis and the 21st Century Catholic; 7:00 – 8:00 pm

Monday, October 13: A Womanist Perspective on Church and Society; 7:00 – 8:00 pm

Monday, November 10: Making Sense of Your Catholic Faith in Today's Culture; 7:00 – 8:00 pm

Sponsor: Association of Pittsburgh Priests (APP)

Hospitality: Kearns Spirituality Center

RSVP: 412-366-1124 or kearns@cdpsisters.org.

Fee: \$15 per talk or \$40 for the series of three APP talks

Vatican II, Pope Francis and the 21st Century Catholic

Monday, September 15, 2014, 7:00 – 8:00 pm

What could be more timely than this topic with Anthony Padovano as presenter? In his talk he plans to help us sort out what we have gained and lost since Vatican II. He will also examine where we stand now, and what our new Pope adds to the “equation”. Given Dr. Padovano’s rich background in philosophy, theology and the arts you are guaranteed a stimulating evening!

Speaker: Anthony T. Padovano, Ph.D.

Peace Forum Series

2014: Sunday, November 9, 3:00 – 5:00 pm

2015: Sunday, February 22, March 15, 3:00 – 5:00 pm

Program features an outstanding speaker (TBA) on current issues relating to peace and justice. Topics include climate change, the media, conflict areas such as Syria, Afghanistan, etc. or other subjects e.g. gun control from the perspective of creating a more peaceful world. Make your commitment to further the agenda of peace by joining us.

Information: pnpp@verizon.net or 412-367-0383

Sponsor: Pittsburgh North People for Peace

Donations accepted

APP Lecture Series

A Hope Filled Future for the Church

Monday, October 13, 2014, 7:00 – 8:00 pm

Today's Church in many ways is a Church in crisis as a result of conflict between an overemphasis on personal piety/salvation and the needs and concerns of a world in pain. As a womanist, Hayes seeks to uncover the myriad forms of oppression and discrimination that still persist, both in our world and, sadly, in our Church, in order to overcome them. How do we continue to help persons of faith find the path to salvation while using the Church's resources to develop a more just and caring world? Both are a part of Jesus' call to love God and our neighbor as ourselves

Speaker: Diana Hayes, Ph.D., J.D.

Making Sense of Your Catholic Faith in Today's Culture

Monday, November 10, 2014, 7:00 – 8:00 pm

Does the Catholic Church have a future? For many young adults, especially in the U.S., the symbols and rituals of Catholicism no longer seem relevant. At the same time, older generations, fed up with Church scandals, are wondering why they call themselves "Catholic" at all in the face of these challenges. Jamie Manson will explore why we identify ourselves as Catholic, what elements of the Catholic tradition still resonate with us, and what the future of the Church may look like to younger adults.

Speaker: Jamie Manson, M.Div.

International Day of Peace Festival

2014: Sunday, September 21, 3:00 – 6:00 pm

LOCATION: Point Grove, Lakeshore Drive, North Park

International Day of Peace Festival features food, music and activities for the whole family. A side dish or dessert would be appreciated. Theme is "Make the World Smile". Come Celebrate with us. Sponsored by the Pittsburgh People for Peace and the North Hills Anti-Racial Coalition.

Information: pnp@verizon.net or 412-367-0383

Ongoing Programs

Visio Divina: Seeing the Word

Sunday 1:00 – 2:00 pm, Providence Heights Chapel, monthly

2014: September 14, October 12, November 9, December 14

2015: January 11, February 8, March 8, April 12, May 10



Visio Divina (Seeing the Word) is a Christian practice of reading God's Word, listening to the Word, meditating on the Word, seeing the Word, praying the Word and responding to its challenges by becoming more Christ-like in daily living. Like a deepening relationship of love, "Visio Divina" holds power to transform one's life. Images will be from the *St. John's Bible*. Pope Benedict XVI said of the *St. John's Bible*, "This is a work of art, a great work of art...a work for

eternity." A volume of the *St. John's Bible* is currently in the Kearns and the Providence Heights chapels.

Facilitator: Sr. Anne Winschel, CDP, M.S.

Donations accepted

Ongoing Programs

Essential Tools for Natural Health Classes

Monday 6:30 – 8:00 pm, weekly

2014: September 8 – December 22

2015: January 5 – May 25, excluding April 6, Easter Monday

Join us for informative classes and learn how you can replace household items with the natural power of essential oils. Learn easy approaches to a variety of “life’s little emergencies”, using plant-based biochemistry. doTERRA Certified Pure Therapeutic Grade Essential Oils can be used to address everything from bee stings to headaches to muscle aches, sore throats, fever, colds, and more. Come to one class or join us for all. For class topics go to <http://thisoilyhouse.com/calendar>.



Facilitator: Elizabeth M. Erbrecht, B.A., LMT, NCTMB

Fee: \$15. (Fee may change with class topic; see website for topics.)

Falun Dafa Movement and Meditation

Tuesday 9:45 – 11:00 am, weekly

2014: September 9 – December 16

2015: January 6 – May 26

Falun Dafa is a traditional practice of five standing and sitting exercises with gentle movements and stretches to improve body, mind and spirit. Relieves stress and anxiety. Falun Dafa promotes the universal principles of truthfulness, compassion and forbearance.

Facilitator: Eleanor Howe, MSLS, M.Ed.

Donations accepted

Ongoing Programs

Yoga

Tuesday 10:30 – 11:45 am, weekly

2014: September 9 – December 16

2015: January 6 – May 26

These sessions are for all fitness levels; beginners may enroll at any time and will receive extra attention. Basic Hatha Yoga postures and breathing techniques are used to increase strength, energy and flexibility. Feel free to start anytime. Wear loose, comfortable clothing and bring a towel and a mat.

Presenter: Judy Sheintal Watson, B.A.

Fee: \$12 per session

Yoga I

Tuesday 7:00 – 8:00 pm, weekly

2014: September 9 – December 16

2015: January 6 – May 26

Come join us for a friendly vinyasa flow class designed to increase flexibility, strength and balance. Every pose is clearly explained, so whether you're brand new to yoga or simply want to further your practice, this class is for you! Please bring a mat and a friend.

Presenter: Anne Kertz Kernion, M.A.

Fee: \$5 per session

Centering Prayer

Wednesday 10 am – Noon, weekly

New Participants and Inquiry Group:

2014: October 1 – December 17

2015: February 25 – April 29 (Follows Book Discussion for those attending both programs.)

Ongoing and Advanced Group: Call to arrange dates and times with Sr. Marian at 412-952-8939

Learn the fundamentals of Centering Prayer as well as ways to integrate more reflective time and contemplation into your busy life and world. Includes time for prayer, faith sharing and discussion.

Facilitator: Sr. Marian Senish, CDP, M.A.

Donations accepted

Ongoing Programs

Tai Chi Qigong

Thursday 10:00 – 11:00 am, weekly

2014: September 11 – December 18, excluding Thanksgiving

2015: January 8 – May 28, excluding April 2, Holy Thursday

Improve mobility, increase energy and have a stronger immune system as Tai Chi Qigong invigorates the inner workings of your body. This requires a bit of group work and play on a regular basis as you participate in Tai Chi Qigong.

Facilitator: Vincenza Furst

Donations accepted

Integrated Relaxation Method (IRM)

Thursday 6:30 – 8:00 pm, monthly

2014: September 11, October 9, November 13, December 11

2015: January 8, February 12, March 12, April 9, May 14

The Integrative Relaxation Method of guided meditation is a pathway to peace and acceptance through meditative awareness, providing clarity through observation of “what is”. Through deep stillness and pause we tap into the extraordinary potential from within for health, rejuvenation, balance, creativity, abundance and grace. Bring a mat if you have one, a blanket, a pillow—whatever makes you comfortable.



Facilitator: Cynthia Ballard RYT, AYN, Certified Facilitator

Donations Accepted for Kearns Spirituality Center



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Presenters

Ballard, Cynthia, RYT, AYN Certified Facilitator, felt drawn to learn the ancient practice of guided meditation for healing due to her own journey of living with a chronic illness. This technique has impacted her life and her health so deeply that she decided to share it with others. Cindi volunteers regularly at the Gilda's Club for those in the Pittsburgh area touched by cancer. She leads classes and workshops on relaxation and breathing practices.

Bisbey, Michele, CDP, Ph.D. in theology from Duquesne University, occupies the Ketteler Chair of Theology at La Roche College where she is a Professor and Chair of the Humanities Division. She has been giving workshops and conferences on a variety of theological topics in the U.S. and abroad. She has published several articles on "Divine Providence." Michele is also a foster parent.

Carlins, Ellen, B.S. in psychology, has been leading and teaching art and craft activities with diverse groups of individuals for over 20 years. Her zeal for sharing joy and spirituality through artistic expression has also made her known for her ability to create, and help others create, unique one of a kind jewelry and gifts that speak to the heart.

Coultas, M. Joan, CDP, Ph.D. from Catholic University, is a psychologist, former Provincial Director of the Sisters of Divine Providence and former President of La Roche College. She is currently Program Coordinator at Kearns Spirituality Center. She has taught, lectured and given workshops on many topics related to psychology and spirituality.

Erbrecht, Elizabeth, B.A., LMT, NCTMB, is a practicing Licensed Massage Therapist, doTERRA oils wellness advocate educator, and Access Consciousness Bars Facilitator, holding a BA in theology and counseling from Carlow University. Dedicated to the pursuit of holistic, nature-based healing modalities for over 14 years, Elizabeth is a multi-faceted practitioner, advocate, and educator who supports alternative healing therapies for the elimination of chronic or acute illnesses. She has accumulated the training and experience required for teaching level mastery, bringing insight and education to those interested in helping individuals attain the highest levels of health and well-being possible.

Presenters

Fazio, Bryan, has been pursuing a life with music and creativity since the age of 27, when he left his job as a mailman and decided to play the Conga drums. He is now noted as a percussionist of unique style, self-published poet, dynamic teacher and facilitator. He teaches blissful drumming at Beaver Community College, presents hand drumming and spontaneous poetry and gives private lessons. He is author of *Projections*, a book of poetry and original mandala artwork.

Furst, Vincenza, was a metropolitan New Yorker until recently. While in New York, she was involved with Tai Chi for more than ten years. Realizing the large senior population in the Pittsburgh area she began to send out information on her wellness program centered in Tai Chi Qigong. The response has been amazing. Current roster includes Northland Public Library, Vincentian Villa Retirement Community and Vincentian Home, Sunrise Senior Living and Town North Towers.

Hayes, Diana, Ph.D., J.D., is Professor Emerita of Systematic Theology at Georgetown University (DC). She holds a Pontifical Doctorate of Sacred Theology from Louvain, as well as a Ph.D. in Religious Studies and a J.D. in Law. She also holds several honorary doctorates. As a woman theologian, Diana focuses on themes addressing race, class, gender and religion. Dr. Hayes has published five books and over 60 journal articles.

Howe, Eleanor, MSLS, M.Ed., has been leading the Falun Dafa group since June, 2008. She is the retired librarian from Pine-Richland High School. Her first love is reading and organizing library holdings. Her other passion is connecting with others in facilitating intercultural East-West learning, and in teaching holistic growth through body, mind and spirit group work.

Kernion, Anne Kertz, M.A., is a certified Yoga teacher and the artist/owner of *Cards by Anne*, an international greeting card company, founded in 1985, which specializes in messages that speak to the heart and soul. Anne has a BS in Environmental Engineering and a Masters in Theology. She strives to maintain a work/life balance through centering prayer, meditation, daily exercise and family time. ***Cards by Anne are sold at Kearns and online at www.cardsbyanne.com.***

Presenters

Lamb, James, M.S.Ed., is currently President of the Ireland Institute of Pittsburgh. As Director of Training, he established an internship for young adults, both Catholic and Protestant. Many gained work experience in companies throughout the Pittsburgh area and beyond. As President, Jim has worked tirelessly to build partnerships in business, trade and investment between Pittsburgh and Ireland with the goal of creating jobs on both sides of the Atlantic.

Luffy, Maura, CDP, M.A., is an experienced spiritual director and teacher. She has been a spiritual companion and director for retreats since 1977. Her formal background has been in education and in spirituality. Currently Sr. Maura is a spiritual director on the Retreat Ministry Team for Kearns Spirituality Center and Providence Villa.

Manson, Jamie L., M.Div., is a nationally sought-after speaker, retreat leader and media commentator on issues related to young adult Catholics and the future of the Church. Her award-winning column, “Grace on the Margins”, appears regularly in the National Catholic Reporter. Jamie’s work has also been featured in The New York Times and the Huffington Post. Her media appearances include NPR, MSNBC and Fox News.

McMahon, Lori Mitchell, M.S., is Pastoral Associate at St. Anne’s Parish, Castle Shannon, PA and Faculty Member at Epiphany Academy of Spirituality. She has had a multifaceted career pattern as engineer, researcher, physical therapist, and more recently as spiritual director, musician and artist with a passion for icons. She is also a dedicated wife and mother of five children.

Padovano, Anthony, Ph.D., philosopher and theologian and author of twenty-nine books, holds doctorates and professorships in theology and literature. As well as being a visiting professor of twenty-five U. S. colleges, he has presented to the United Nations Conferences in New York City, in Europe and at the White House and Congress.

Raible, Agnes, CDP, M.A., is a certified holistic healer and also the Director of Kearns Spirituality Center. She is a seasoned teacher and administrator, as well as an avid gardener and reader.

Presenters

Schorr, Loretta Jean CDP, M.Ed. in religious education and in adult education, has ministered in adult education and given retreats and workshops on the labyrinth for the past fifteen years. She also studied under Dr. Lauren Artres, learning the history and spirituality of the labyrinth.

Seiler, Jean Rene CDP, M.A., in addition to her Masters' in religious education, possesses a graduate certificate in spirituality from Loyola University of Chicago. She has spent many years in religious and adult education and more recently has been engaged in pastoral work with aged and infirmed persons in nursing homes and care centers.

Senish, Marian, CDP, M.A., the foundress of Transfiguration House of Prayer, is involved in the house of prayer movement. Marian is a spiritual director, a pastoral minister and developer of the Labyrinth at Kearns. Along with her service in the retreat ministry, she gives talks in local parishes.

Tolliver, Charlotte, CDP, M.S., has a passion for mud! She lights up at the feel of clay swishing through her fingers. Through her craft she shares with others the healing power of praying and playing with clay. Sr. Charlotte, a graduate of La Roche College's art and design program with a Master's from Edinboro in fine arts, has taught ceramics since 1998. ***Ceramics are on display for sale at Kearns and at Providence Villa.***

Watson, Judy Sheintal, B.A. in psychology, is certified by the American Council on Exercise (ACE) to lead group exercise. She has taught health and fitness for more than 25 years.

Winschel, Anne, CDP, M.S. in counseling psychology, and has also done graduate work in spirituality and in scripture at Boston College and Pittsburgh Theological Seminary. Anne has been engaged in teaching, counseling, and spiritual direction for more than 30 years.

Special Services

Labyrinth

The Labyrinth is open year round for all to use for prayer and contemplation. If you wish to create a program for a group using the labyrinth, the Center can provide a guide for this experience. In that case, please call for an appointment at 412-366-1124.

Spiritual Direction

An opportunity to “come as you are spiritually” to speak confidentially with a spiritual director who affirms and challenges your spiritual journey. The focus is your relationship with God in prayer and in daily life. *By appointment only.*

Carolyn Bodenschatz, CSJ, 412-819-0135

Maura Luffy, CDP, MA, 412-366-3451

Jean Rene Seiler, CDP, MA, 412-367-7728, cell: 412-508-7841

Anne Winschel, CDP, MA, 412-635-5409

Massage Therapy

Kearns is pleased to announce that we have a new Massage Therapist: Elizabeth M. Erbrecht, LMT, NCTMB. For appointment: 412-445-3704 or e-mail: elizerbrecht.lmt@gmail.com



Reiki

A “touch therapy” method of reducing the effects of stress, e.g. blood pressure elevation, tight muscle structure, heightened anxiety and stress, etc., done in a prayerful reflective atmosphere. By appointment only, with Sr. Agnes Raible CDP, MA. Phone: 412-635-5405 or 412-366-1124 or e-mail: arabile@cdpsisters.org.

Divine Providence Retreat Ministries

The Sisters of Divine Providence sponsor two retreat centers that are available to individuals and groups who wish to come and spend some quiet reflection time. Each facility has a chapel, a woodland area and indoor space for private prayer, group gatherings, spiritual reading and meditation.

Kearns Spirituality Center 412-366-1124

Providence Villa 724-444-8055

General Information

Registration

We encourage you to pre-register for **ALL** programs. Walk-ins are welcome provided space is available and this brochure does not state that a prior deposit is necessary. To register, contact us or view our website at cdpsisters.org, call 412-366-1124 or e-mail: kearns@cdpsisters.org

Gift Certificates

Are you in search of unique gifts for birthdays, anniversaries, etc.? Why not choose a Kearns program or a massage at Kearns?

Kearns gift certificates are available by calling 412-366-1124

Vessels of Hospitality

Another creative gift may be one of Sr. Charlotte Tolliver's hand built, wheel-thrown ceramic pottery items on display in the Kearns lobby! Please feel free to drop in and shop or to call Sr. Charlotte at 412-956-6314.

Hosted Groups, Personal Retreats

To arrange for a hosted group or to schedule a personal retreat, contact Peggy Huwe, 412-366-1124 or email: kearns@cdpsisters.org or Agnes Raible, CDP, 412-635-5404 or email: araible@cdpsisters.org

Volunteer Opportunities!

Are you looking to fill some down time and/or do you have talents to share with others? We could use you! Call 412-366-1124.

Kris's Fund

Kris Rosenberg (+2004), initiated a fund to enhance the ministry of the Kearns Spirituality Center. The labyrinth has been dedicated to Kris, and many services and enhancements to the Center have been made possible through this fund. ***Your donation to this fund will help to ensure the future of Kearns Spirituality Center!***

Program Information

For more information about the programs, contact:

M. Joan Coultas, CDP, 412-635-6314, mjcoultas@cdpsisters.org;
or Peggy Huwe, 412-366-1124, kearns@cdpsisters.org

Retreat Facilities of the Sisters of Divine Providence

**Kearns Spirituality Center,
9000 Babcock Blvd, Allison Park
412-366-1124**



Kearns Spirituality Center Mission Statement

Kearns Spirituality Center invites people of all faiths, searching for a deeper meaning in their lives, to experience an environment dedicated to the renewal and revitalization of the human spirit. A Catholic retreat center sponsored by the Sisters of Divine Providence, Kearns Spirituality Center shares in the mission of the Congregation: "to make God's Providence more visible in our world."



Retreat Facilities of the Sisters of Divine Providence

Kearns offers...

- ◆ A welcoming staff
- ◆ Woodland reflection trail
- ◆ Labyrinth for prayerful walking
- ◆ Meditation garden
- ◆ Spirituality library
- ◆ Visitation Chapel accommodates 175 guests
- ◆ Air conditioned, smoke-free, handi-cap accessible
- ◆ Conference center accommodates up to 250 guests for meetings and 200 for dining
- ◆ State-of-the-art audio/visual, computer capability and WiFi in public areas
- ◆ Piano in each meeting room
- ◆ Retreat Center lounge accommodates up to 30 guests
- ◆ 26 air-conditioned and smoke-free guest rooms
- ◆ Dining room seats 70
- ◆ Fully equipped kitchen
- ◆ Food service available

*Kearns – a place for peace and quiet;
Kearns – a place to look back down along the road;
Kearns – a place to find some sanity again;
Kearns – a place to go and find the peace,
the love and grace of God.*

From "Kearns' Song" by Ken Madema



Retreat Facilities of the Sisters of Divine Providence

Providence Villa, 10745 Babcock Blvd, Gibsonia, 724-444-8055

- ◆ Comfortable accommodations
- ◆ Food Service
- ◆ Meeting Rooms
- ◆ Audio-visual equipment
- ◆ Wireless Internet
- ◆ Conference phone system
- ◆ 17 bedrooms (3 semi-private)
- ◆ Quiet Chapel
- ◆ Wood-burning fireplaces
- ◆ Spacious lawn and woodland trails
- ◆ Screened Gazebo



Other Ministries Sponsored by the Sisters of Divine Providence

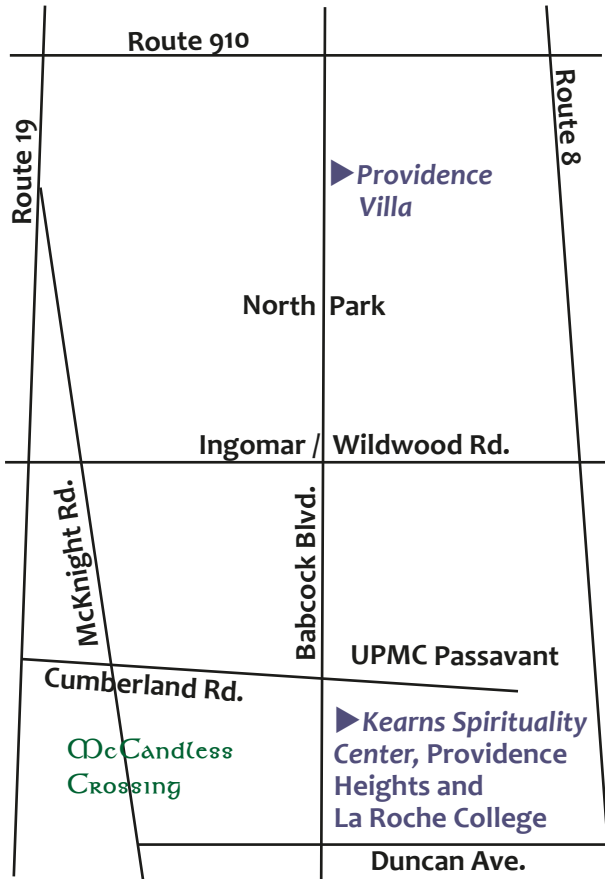
Social Service Ministries....La Posada Providencia in Texas is a ministry for people from around the world who are seeking legal refuge in the USA; **Providence Family Support Center**, Pittsburgh, offers programming and services aimed at strengthening families; **Room at the Inn** provides immediate emergency shelter for families that are homeless in St. Louis County, MO.

Education...The Sisters founded the **Providence Heights Alpha School** in 1924 in Pittsburgh. The **Sacred Heart School System**, administered by the Sisters in Kingston, MA, in the Archdiocese of Boston, provides quality education to students from pre-primary through high school. Founded by the Sisters in 1963, **LaRoche College** is a four-year, co-ed liberal arts college in McCandless Township.

Directions

Kearns Spirituality Center is located on the grounds of the Sisters of Divine Providence at 9000 Babcock Blvd., McCandless Township between UPMC Passavant Hospital and La Roche College.

Providence Villa is just a 10 minute ride through North Park from Kearns Spirituality Center at 10745 Babcock Blvd. just past the Karrington Woods plan of homes when coming from Kearns.



*Kearns Spirituality Center
Sisters of Divine Providence
9000 Babcock Blvd.
Allison Park, PA 15101-2713*

Return Service Requested



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