

# Advent 2015

***The mystery of our lives and our world eventually brightens with the “one bright Light” proceeding before us and leading us ever onward in our journey of life.”***

Myra Rodgers, CDP

As we rush around paying attention to the minutiae of our busy lives we can lose our focus on what is important. We lose the ‘light’ so that our path is a dark one. That is particularly easy in the dark, cold days of Advent when we can focus on all the “to dos” rather than on our Goal. Our lives become a struggle -- for ourselves and those around us -- rather than mysterious sources of joy.

But if we watch for the light leading us forward, we are also drawn to focus on the Light within. If like Mary we focus on radiating joy and compassion, if we reach out in loving service to the little ones around us, if we share our lives as we touch the other, we receive the confirmation that each of us carries within us the “Light”.

As Elizabeth’s exclamation “Blessed are you among women!” rings out, we too recognize that in loving service we are ourselves blessed. We recognize the Author of all Love who lights our path. We share the light of love with each other and know in our hearts that our journey will ultimately lead us towards Love.

Christine DiZazzo, SPA  
Kingston, ON



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