

Which Appointment Were You Born to Keep?

Reflection for Week of June 29, 2020

As we discern our true call in these uncertain times,
we pray for wisdom to know when to let go of what we have known and when to move toward something new.

Suggested Music: [Wisdom, Wisdom – Lori True \(click here\)](#)

The Appointment

What if, on the first sunny day,
on your way to work, a colorful bird
sweeps in front of you down a
street you've never heard of.

You might pause and smile,
a sweet beginning to your day.

Or you might step into that street
and realize there are many ways to work.

You might sense the bird knows some-
thing you don't and wander after.

You might hesitate when the bird
turns down an alley. For now
there is a tension: Is what the
bird knows worth being late?

You might go another block or two,
thinking you can have it both ways.
But soon you arrive at the edge
of all your plans.

The bird circles back for you
and you must decide which
appointment you were
born to keep.

-- [Mark Nepo](#)



Your ears will hear sweet words behind you: "Go this way. There is your path; this is how you should go," whenever you must decide whether to turn to the right or the left.

-- Isaiah 30:21 (Source: The Voice)

For Your Reflection:

Our call in these times includes working to see the deeper invitation that the pandemic and the social unrest are providing. How might we be conscious of the transformation occurring within ourselves, our communities, the nation, and the global community as we live through this time? Reflecting and perhaps journaling with the following questions and, if possible, engaging in contemplative dialogue on them may be one of the most important contributions we can make in this challenging time.



Is there a new path that you feel drawn to take as you consider your response to the challenges of these times? Describe your perception of that path.

What keeps you attentive to the messengers of God, those speaking sweet words of invitation?

Concluding Prayer

May we go forward with eyes and ears attentive to all the signs and directions that point to us the path we might be called to walk. Amen.