

Lenten Reflection

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The Lenten Season gives us a chance to reflect and stay with God, and it gives us some personal time to get away from our busy lives while we look inside of ourselves. We can ask ourselves, how do we walk on our journey with God? Today, the gospel of Luke addresses the very essential message through a parable to those who were convinced of their own righteousness and despised everyone else. Through the story of a Pharisee and tax collector, we each hear this appeal differently, but we all recognize the call to be humbled as a follower of Jesus Christ. The end of gospel of Luke, Jesus tells us, *“I tell you, the latter went home justified, not the former; for everyone who exalts himself will be humbled, and the one who humbles himself will be exalted.”*

Being humble is not easy, but it can be easy if we think that we are the instruments of God. This means we are to live together with one another for making the Reign of God. We, as humans, cannot live alone, so we need to think about one another no matter if different cultures, personality, language, background, etc. We need to have minds of openness, consideration, compassion, thanksgiving, and acceptance. When we focus on just ourselves, we cannot see one another, what others need, or who they are in God, and we might not recognize where God is. I think that a humble mind gives us a good eyes, ears, and heart to see next door who needs my gift and sharing in God.

As a religious woman, it would be helpful to have often a reflection time for ourselves to stay with God. We can receive the holy energy to share our blessings and give gifts to other people who need. For all of these, we need to transform ourselves and look everyone differently in good way. Transforming can come to us easily if we pay attention to be humble ourselves with an open heart and gratitude to one another in our daily lives. Transforming gives us a wonderful gift of Resurrection of Jesus Christ and our own resurrection in God.