

Lenten Reflection

Saturday, March 19, 2016

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Today's readings speak about the help that we receive from God. Both the First Reading, as well as the Psalm, refer to a God who does not forget those who seek him wholeheartedly. Therefore, when we go through obstacles and troubles in life, we should not be afraid because in this struggle God is present. Even if we feel that the world is falling apart, we trust that during these difficult times, God gives us peace, and that is a sign of the presence of God. We should not fear because God is with us and we are not alone.

The Gospel assures us to trust in God because God will rescue us from those who persecute us. Jesus himself experienced persecution and in today's Gospel, he was able to confront this situation. This obstacle did not stop him from doing the right things for the Kingdom of God. Just as Jesus did, we also need to prepare ourselves to confront the troubles that we may find on our life journey. When the time comes to face death and give our lives in totality, may we be able to let go and give God our all.

Are you willing to risk your life for the Kingdom of God?