

Lenten Reflection



First Sunday of Lent March 5, 2017

By Sister Carolyn Winschel, CDP

“Visibly do I see in all things the wonderful Providence of God.”

At the beginning of this Lenten season, we pray with these words of our Foundress, Marie de la Roche. How blessed it would be if we looked at everything in the light of Providence during this holy time.

In today’s Gospel, Matthew tells us how Jesus responded to his tempter who encouraged him to change stones into bread, “One does not live on bread alone but on every word that comes forth from the mouth of God.” Such an encouraging response for us! This Lent, may we desire to live on every Word from Scripture.

With the second temptation of Jesus, to throw himself down from the parapet of the temple knowing God will save him, Matthew tells us that Jesus responded: “God will command his angels concerning me, and with their hands, they will support me lest I dash my foot against a stone.” And even though the tempter tried to use his own words as coming from God, Jesus always trusted His Father and was not taken in by Satan’s words.

Over the next six weeks we will have many opportunities to trust in God and to feast on the Word of God in these Lenten Scriptures. We are invited to companion Jesus as he prepares for his journey to the Cross, Death and Resurrection. May the words of Mother Marie be on our lips often as we are mindful of seeing in all things the wonderful Providence of God!

