

The pandemic has taught me many things but most notably trust in Gods Providence. The future is uncertain, we have had our choices reduced, and our physical interactions limited. These were once attitudes and activities that were really important to me. They still are, but God has asked me not be reliant on them. Since they have been taken with the pandemic, I have been forced to go deep. Deep into my reliance on our God and His plan for me spiritually and emotionally. Reliance on Gods plan for the Church, and society.

The scripture verse that I frequently pray with at this time is Mathew 6:25-34. Do not worry about tomorrow but trust in God's righteousness and Gods kingdom. I pray with this often after a long day at the skilled nursing facility where I work and must bring hope to the poor elderly who cannot be visited by their loved ones.

Another writer that has caused me deep reflection is Fr. Richard Rohr. His daily meditations during the pandemic speak to contemplative insights and practices that help heal our sense of social isolation and promote connection. His meditations during Holy Week really spoke to me about suffering and resurrection in a new way. This Easter season has been experiential in suffering and resurrection unlike any year.

Please God may we learn from this experience. Please God may I learn to be a more humble servant and trust in Your providence even more fully.

Michele Yotz